



# VOLUNTEER NEWSLETTER

JULY 2025

## Kicking off Summer!



Our Annual Summer Fairs are in full swing! Family and friends of residents are invited to share in an evening of fun and laughter. These community building events feature a petting zoo, trishaw rides, games, food, drinks and more!

**We are in need of a few additional volunteers to make these events a success.**



### **Available dates**

Thursday, Aug 21  
Virginia Park  
(11033-76 Street)

Wednesday, Aug 27  
Meadowlark Place  
(8609-161 Street)

### **Assistance needed with:**

Set up, Welcoming Guests,  
Serving Drinks/Snacks, assisting with games,  
and Clean Up.

Interested in helping?  
Speak with Emma ([emcdonald@gef.org](mailto:emcdonald@gef.org))

## Did you grab your free KDays tickets?

We are thrilled to announce that, thanks to Explore Edmonton, all GEF volunteers can receive two General Admission KDays tickets for free!

**EXPLORE  
EDMONTON**

**Tickets are valid for Thursday, July 24<sup>th</sup>**

**Click this [link](#) to access the tickets and  
enter the promo code LIGH5D**



The deadline to access tickets is **July 23, 11:59PM**. While quantities last.

# Volunteer Spotlight

## Meet Shannon!

'Shannon is an incredible volunteer whose bright, bubbly personality and genuine compassion have made a lasting impact on the Meadowlark community. She has a natural gift for making residents feel comfortable, valued, and truly seen. What truly sets Shannon apart is her consistency, patience, and ability to connect with everyone. Her presence has brought joy, stimulation, and a renewed sense of connection to so many of our residents, and we are so grateful to have her as part of our team.' – Abby, AWC

***"What I enjoy most about volunteering at Meadowlark is the connections I am building with the residents. I love bringing joy, laughter, and engagement to their day."** – Shannon*



*Shannon runs engaging art sessions and laughter filled Jeopardy games.*

## Connecting Seniors and Community through Trishaw Rides



GEF proudly owns 3 trishaws! These 3-wheeled bikes utilize electric pedal assistance and the power of volunteers to provide rides to seniors and their family and friends. These rides provide connections, joy and smiles to all who participate. Our volunteers have provided rides at 7 events so far this summer! **We're so fortunate to have such great Trishaw volunteers!**

GEF Seniors Housing is affiliated with Cycling Without Age. Learn more about the impact of Cycling Without Age [here](#).



*Click the red icon to see a trailer for the movie 'Cycling Without Age'.*



# GEF Welcomes Tegler Manor and Teglar Terrace

We are pleased to share that on July 1<sup>st</sup>, GEF Seniors Housing officially acquired two new properties – Teglar Manor and Teglar Terrace! **With this purchase GEF will grow to 43 Buildings with 3,964 Units.**



*Teglar Terrace located 9918 - 149 Street*



*Teglar Manor located 9943 - 110 Street*

This growth in the number of properties owned and/or operated by GEF is aligned with our [Strategic Plan](#) and our Mission of providing affordable, well-maintained, and secure buildings, where our clients can live with dignity and thrive in their communities with the support of friendly and caring staff and volunteers.

## Annual Client Experience Survey

Since 2020, GEF has conducted an annual survey to engage Lodge residents, their families and friends, and Apartment tenants about their experiences with our housing and support services.

This feedback is so valuable as we want to celebrate the successes and identify areas where we can grow, so we can better serve our seniors and their communities.

**In 2024** GEF achieved an impressive overall satisfaction score of **90%**

- **48%** of Lodge residents completed the survey last year.
- This year we aim to reach a **60%** completion rate.

**Your support in increasing survey participation is appreciated!**

While volunteering please encourage residents to complete the survey.

Please note the survey is completely voluntary!

**The survey runs from July 3 - August 15**

**To see the results from past years please click [here](#).**



# Planting Day 2025

GEF seniors, staff, volunteers and corporate partners cultivated joy and community during our third Planting Days campaign. From May 14 to June 16, over 150 corporate partners and volunteers helped bring life and color to our GEF communities. Check out our [blog](#) to read more about the campaign!

**Interested in helping maintain our beautiful communities?  
Speak to your Activity and Wellness Coordinator today!**



## Interested in volunteering at another GEF Location?

**Meadowlark Place (8609 161 street) is currently looking for more volunteers.** It is located in the Westend, and is one of our smaller lodges, with a close-knit community.

**Please reach out to Emma if you are interested.**



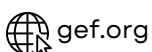
**Know someone who'd be a good fit for our volunteer team?  
Help us spread the word and make a bigger impact together!**



# GIVEAWAY!

**Want to win a \$25 gift card of your choice?  
Enter your first and last name [here](#)!  
Deadline to enter is August 15.**

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