

Global News Hour at 6 Edmonton

Edmonton seniors experience the benefits of virtual reality



GLOBAL NEWS HOUR AT 6 EDMONTON

Edmonton seniors experience the benefits of virtual reality

Posted March 3, 2026

GEF seniors are experiencing virtual reality and the world of opportunities that it opens up to them. As Nicole Stillger explains, the technology allows them to explore, learn, and connect.

[Click here to watch the video.](#)